



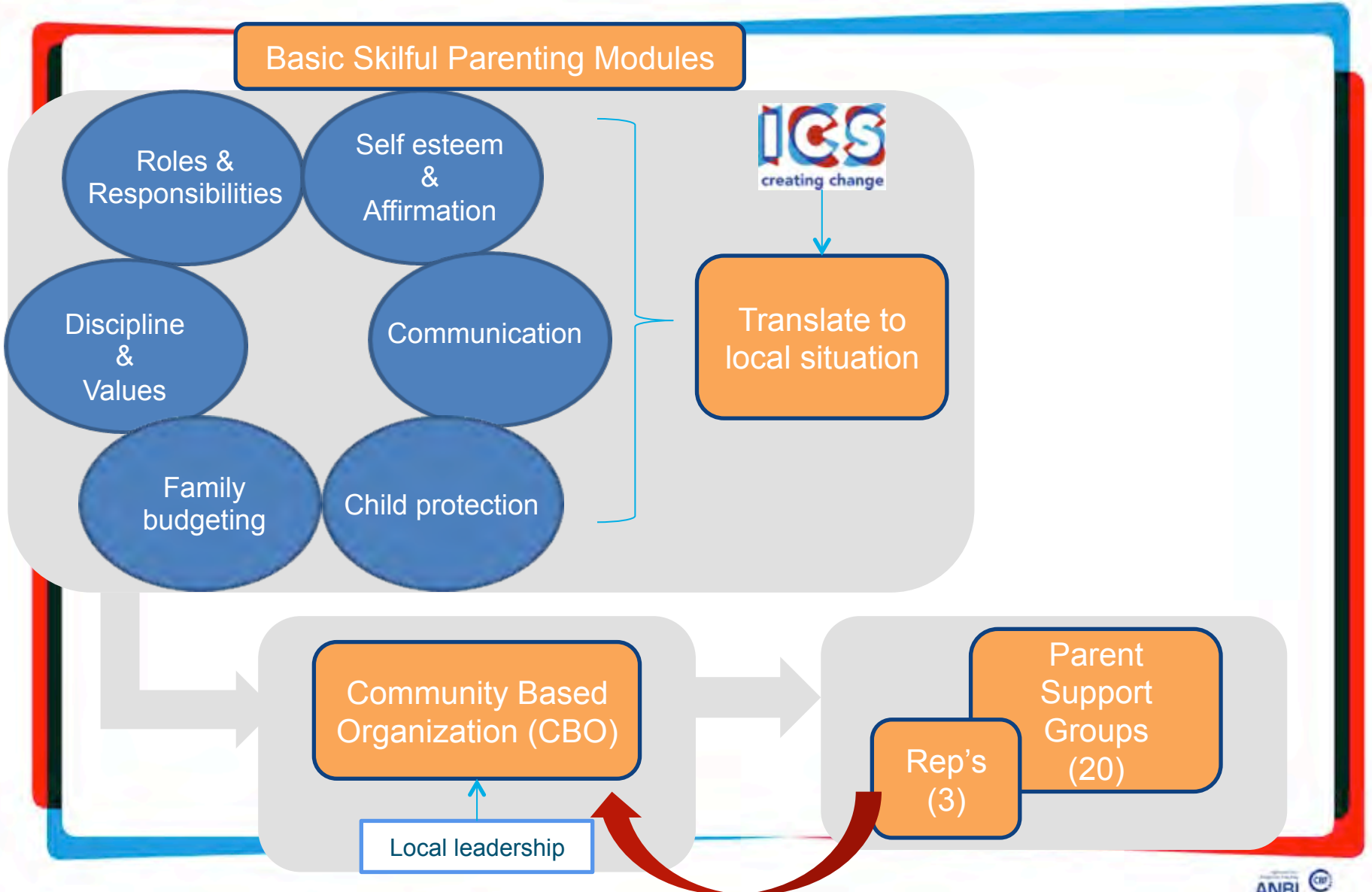
creating change

The Skilful Parenting Approach

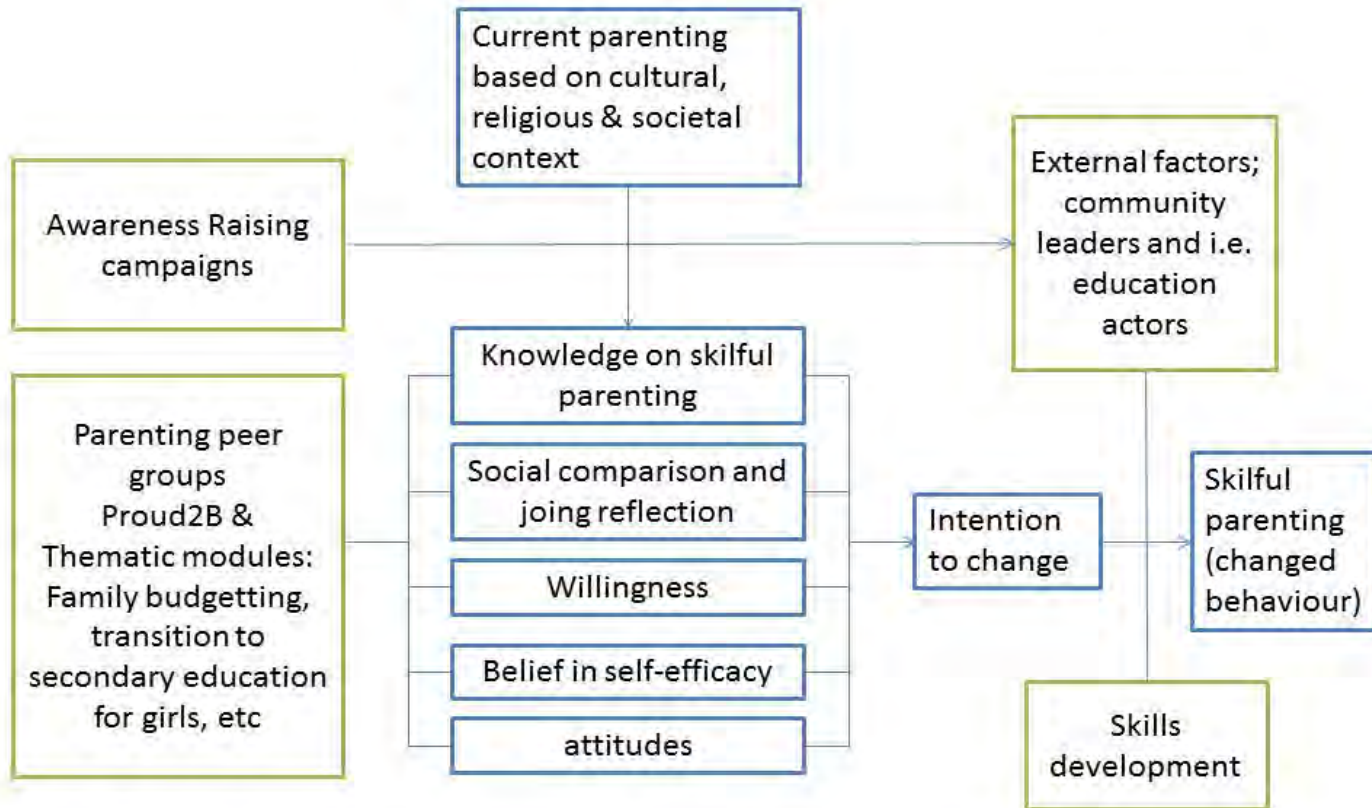
How to change the lives of children
by changing the parental skills of their caretakers



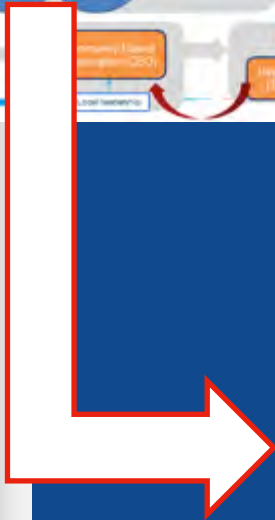
How our Skilful Parenting approach works



Behaviour change model regarding Skilful Parenting



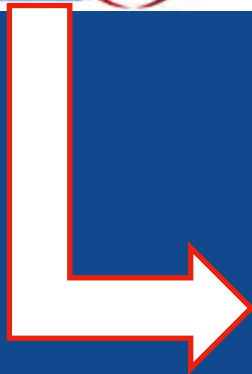
Parenting modules



1. Roles and responsibilities as a positive parent
→ how to create a trusting environment, commit and understand children's behaviour and development
2. Self esteem and affirmation
→ recognize the importance of affirmation in parenting and encourage a healthy self esteem in the family
3. Communications
→ develop healthy and effective communication in the home
4. Discipline and values
→ understand the importance of values in the home, communicate values and understand principles of effective discipline
5. Family budgeting
- understand the implications of budgeting for the family
6. Child protection
→ understand how to protect children from risky situations and how to act in cases of violation of rights of children

Parent support groups will identify additional topics that will be developed into modules by CBO's and ICS

Community Based Organization (CBO's)



- To reach out on a larger scale in a community, working through CBO's has the most impact
- ICS and its partners also work with ECD centres, Adult Literacy Programmes and School and Youth Clubs as entry point
- CBO's have a longer standing presence in a community and can provide longer term support

Parent Support Groups & Representatives

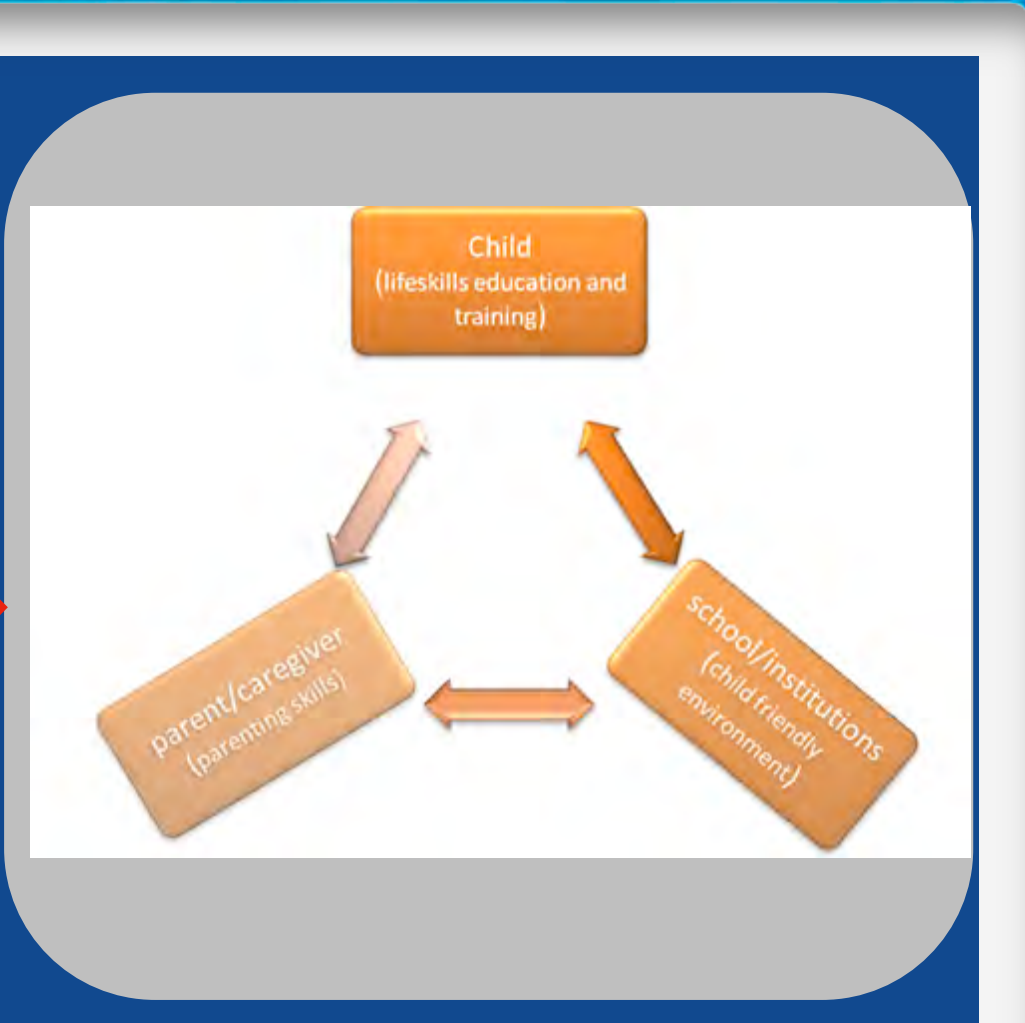


- Parent support groups are organised from existing groups; farmer groups in Kenya, saving groups in Cambodia, solar enterprise groups in Tanzania
- Parent groups consist of 20 members, who select 3 representatives to organise follow-through of parent peer groups with support of CBO's
- Each parent support group is organised following its specific possibilities and preferences
- The CBO will assist in getting expert information when the group identifies new topics

How Skilful Parenting fits in ICS program



ICS Skilful Parenting is embedded in a larger Child Protection Programme



For more information:

Beatrice Ogutu
Regional Program Manager, Child Protection

Gold Rock Park, Mombasa Road
next to Turfsteel complex
P.O Box 13892-00800,
Nairobi, Kenya.
Office: +254 (20) 2063015/17/18
Office mobile + 254 731682596/682598
Mobile: + 254 733790335
Email: beatrice.ogutu@icsafrica.org
Skype: Beatrice ogutu ICS

Maaïke Stolte
Program Manager Child Protection

Smallepad 32, 3811 MG AMERSFOORT
The Netherlands
Office: + 31 33 3030250
Mobile: + 31 642402604
Email: maaïke.stolte@ics.nl
Skype: maaïke.stolte

Check our website for all our activities: www.ics.nl